

Intermediate & Advanced Package: Content Overview

The INTERMEDIATE & ADVANCED PACKAGE is **the perfect choice if:**

- you've **achieved mastery** of the **vowel** overtone singing **technique** from the beginner's package.
- your overtone singing abilities are already proficient, but you want to **refine and further develop your technique**.
- you are curious about the **detailed physiological workings** of overtone singing.
- you're interested in learning **how to sing actual melodies** using overtone singing. :-)

INTERMEDIATE

↪ Locate Harmonics Efficiently!



ADVANCED 1

↪ Amplify The Volume Of Overtones!



ADVANCED 2

↪ Sing Songs In Overtone Singing!



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VIDEO 4

- ✓ Stream Or Download On Vimeo
- ✓ Duration: 33 Minutes
- ✓ Graphic For Non-Musicians
- ✓ 13 MP3-Files: Exercises - Extra
- ✓ Video: Vowel Technique in MRI



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VIDEO 5

- ✓ Stream Or Download On Vimeo
- ✓ Duration: 21 Minutes
- ✓ 4 MP3-Files: Exercises - Extra
- ✓ Video: Tongue Technique in MRI



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VIDEO 6

- ✓ Stream Or Download On Vimeo
- ✓ Duration: 28 Minutes
- ✓ 4 Sheetmusic PDFs
- ✓ 22 MP3-Files: Exercises - Extra

As **EXTRA BONUS** You Also Receive:

OVERTONE SINGING BACKING TRACKS

- ↪ Have Even Greater Fun Practicing Overtones With Backing Tracks!
- ↪ Sing Together With Anna-Maria
- ↪ Sing Alone With Playback

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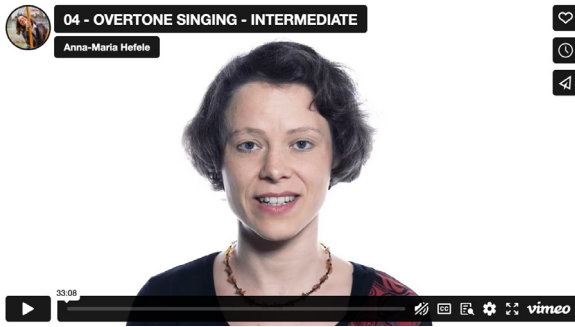
AUDIO FILES

- ✓ MP3 Files For Download
- ✓ 9 Tracks In Total
- ✓ Suitable For Male & Female Voices
- ✓ Sing With Anna-Maria & Organ!
- ✓ Sing With Organ!
- ✓ Sing With Organ & Electronics!

The following page contains a thorough description of the lessons.



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If you can already create overtones with vowels and hear them in others' voices as well as your own, the **INTERMEDIATE OVERTONE SINGING CLASS** is perfect for you. In this class, our aim is to become more **acquainted with the overtone scale** so that we can **locate harmonics efficiently**. Finding the right pitch to practice your overtone singing on is also an important part of the lesson. The tutorial's goal is to teach you how to control and **sing the overtone scale note by note**.

This **ADDITIONAL VIDEO** shows Anna-Maria's vocal tract (in a sagittal plane) while singing an overtone scale in vowel technique, captured in an **MRI scanner**. Also 13 .mp3 files with **overtone singing exercises** and a **graphic** for non-musicians are part of this lesson.



The main focus of the lesson **WHISTLING OVERTONES** is to **amplify the volume of overtones**. In prior classes, we focused on the vowel-overtone-technique, which places limits on the loudness of harmonics produced. In this lesson, we will begin **learning the tongue-technique**, also known as the two-cavity-technique. It allows us to **sing clear and loud overtones** resembling a flute sound, distinctively **shining as a separate note** above the fundamental.

This **ADDITIONAL VIDEO** shows Anna-Maria's vocal tract (in a sagittal plane) while singing an overtone scale in the tongue-technique, captured in an **MRI scanner**. Also four additional .mp3 files with **overtone singing exercises** are part of this lesson.



Get ready to learn how to **MAKE MUSIC WITH OVERTONE SINGING** in this lesson! You'll learn about the harmonics' numbers and their musical correlations to always know which notes you're actually singing. We'll also practice **singing and repeating musical patterns** in overtones over a stable fundamental and **begin singing songs** like "Frère Jaques" or "Ode To Joy" in harmonics. Also four **sheetmusic** PDFs and 22 .mp3 files with **overtone singing exercises** are part of this lesson.

Moreover, you'll get a complete **Package of Audio Files and Backing Tracks**, including Anna-Maria's voice and a small organ, to help you **improve your overtone singing**. The Backing Tracks are available in 3 different pitches: high for female voices, low/high for female/male voices, and low for male voices. **You can sing overtones with Anna-Maria** on certain tracks, and there are also versions without her voice. Furthermore, there are even lengthier and serene backing tracks included, incorporating organ and electronics, so you can **fully explore the sound** and make **substantial advancements** in your vocal practice. Your booking confirmation contains all (Download-) Links & Passwords.

